



# VegiViews

## BUYS OF THE WEEK

While Supplies last!



**Cauliflower**  
12ct

\$9.88 / cs



**Radicchio**  
12ct Babe Farm

\$17.88 / cs



**Local Toybox**  
**Cherry Tomato**  
12 pint

\$29.88 / cs



**Petite Romaine Heart**  
**Andy Boy**  
48ct

\$19.88



**WEATHER ALERT:** Low pressure along the coast is keeping temperatures below average. 2 storms are currently being tracked..

~ **NEW ITEMS** ~

**Available Now:**

*French Butter Pears*  
*Seckle Pears*

*Peruvian Murcott Tangerines*

*Gravenstein Apples*

*Org. Galia Melons*

*Organic Pink Pearl Apples*

*Concord Grapes*

*Org. Delicata Squash*

*Org. Red Kuri Squash*

*Fresh Butter Beans*

*Peruvian Murcotts*

*Hatch Chiles - New Mexico*

~ **LIMITED/GAPPING** ~

**Baby Squashes**

**Avocadoes**

**Sunchokes-out 2 weeks**

**Org. Mix Toybox Squash**

**Bloomsdale Spinach**

~ **DONE** ~

**Cherries**

**Apricots**

**Lemon Cucumbers**

**Manila Mango**

**Nantes Carrots**

**Yellow Watermelon**

**German Butterball**

**Zante Currant Grapes**

**Chive Blossoms**

**Painted Cucumbers**

**Sharlyn Melons**

~ **TIGHT MARKET** ~

Avocado -  
CA

Green  
Onions

Napa  
Cabbage

Pineapples

Baby  
Squashes

Persian  
Cucumbers

CA Red  
Endive

Yellow  
Watermelon

Bloomsdale  
Spinach

~2-3 DAY PRE-ORDER BY 8 AM~

Ronde Nice Squash and Full Size  
Sunburst Squash

\*\*\*\*\*SELL BY CASE ONLY\*\*\*\*\*

Lemon Verbena 1-lb bg..

Organic Watercress - *Sausalito Spring*  
(Available for delivery on Wednesday and  
Saturday only.)  
2-lb bag

## VEGETABLES

**\*\*\* Jimmy Nardello Peppers**

**\*\* Hatch Chiles**

**\* Org. Yellow Romano Beans**

**ASPARAGUS** - Peru and Baja production has been very light.



**BRUSSELS SPROUTS** - CA season is almost at it's peak. Quality has been very nice.



**EGGPLANT** - Quality is improving and volume starting to increase. Prices remain on the higher side.

**ONIONS** - Production out of Central CA and New Mexico is finishing up.



**Green Onions:** Harvest is down due to Heat and Hurricane damage. Supplies will remain light for the next week or two.

**LETTUCE ROMAINE / ICEBERG / LEAF** - Lettuces are bountiful due to higher production and low demand. Very good value right now.



**Heads of Romaine** are medium size and very green. Still getting reports of minor fringe burn.

**HARD SQUASH-**  
**Butternut / Kabocha / Org. Delicata / Org. Red Kuri and Spaghetti all available.**

**SOFT SQUASH-**  
**Mixed Toybox Squash limited for the next two weeks or so. Full size Summer and Sunburst Squash available but best to pre-order. Baby Squashes short due to Hurricane. Yellow Squash Limited Due to cooler weather**



## VEGETABLES / FRUITS

### **SEASONAL FRUITS** -

**Cherries and Apricots** are done for the Season. Oregon Red Currants available with 2 day Pre-Order

**Butter and Seckle Pears** starting next week.

### **AVOCADO** -

Supplies out of CA will be done by end of Month. Production out of Mexico is unsteady with large fruit scarce. Price trending upward.



### **CITRUS** -

**Murcott Mandarins** are in house.

**Limes:** Prices inching up slowly due to last tropical storm.

Quality issues with Limes / Lemons and Grapefruit - will include brown spots on the skin, dry interior and soft spots.



### **BERRIES**

**Strawberries:** Watsonville has peaked. Berries are running small but flavor and color is very good. Santa Maria starting up.

**Blueberries:** Production has decreased due to wet weather in the growing regions and the season winding down. South America expecting to start in September.



**Blackberries:** Santa Maria / Oxnard finishing up with Salinas / Watsonville starting to ramp up production. Quality is good.

### **MELONS** -

**Watermelon** - low production is causing a short market.

**Honeydew and Cantaloupe** - good quality and availability.

**Varietal Melons** - steady with many choices available.



### **TOMATOES** -

**Plenty of Heirloom and Toybox Cherry Tomatoes** from local growers. Riverdog Farms has started with Early Girls.

