



VegiViews

PER-ORDER YOUR VALENTINE'S SPECIALS BY FEB. 08TH

Please contact your Sales Representative for more information.

CARVED HEARTS Sold by the piece.



Available varieties:
Red Beet, Gold Beet,
Candy Beet, White Potato,
Yukon Potato, Purple Potato,
Turnip and Rutabaga

LONG STEM STRAWBERRIES Packed in 4 clamshells Between 48ct - 64ct.



ROSE PETALS Packed in 4oz tray



BABY ROSES Packed in 20ct tray



WEATHER ALERT: High pressure continues out west with above average temperatures forecast into the weekend. Clear nights will allow for light lettuce ice in the coldest desert valleys over the next couple days. The ridge begins to break down over the weekend as an approaching cold front is forecast to bring rain to the west over the weekend into early next week.

~ NEW ITEMS ~

Coming Soon:

Local California Avocado
Fresh Fava Beans - Mexico
Sugar Cane

Available Now:

Broccoli Di Ciccio 5-lb case only
Rhubarb XF HotHouse
English Peas - Mexico
Sumo Mandarin 18-lb case only.
Organic Green Garlic
Organic Red Spring Onions
Organic German Butterball Potato
Paige Mandarins
Seville Orange
Escarole Hearts
Castel Franco Radicchio
Red & Green Grapes - Peru
Blood Oranges
Cara Cara Pink Navel
Cocktail Grapefruit
Buddha's Hand Citron
Kumquats
Organic English Peas
Calamondin

~ LIMITED/GAPPING ~

Punterella (Chicory)
Organic Stinging Nettles
Chioggia Beets
Hawaiian Pineapple
Japanese Cucumber
Organic Celery
Yellow Squash
Organic Radicchio
Bloomsdale Spinach
Fresh Mint
Organic Eryngii Mushroom
Escarole

~ DONE ~

Forelle Pear
Pineapple Quince
Bergamot Orange
Cardoon
Satsuma Mandarin
Delicata Squash
Fresh Chestnut
Seckel Pears
Lady Apples
Fresh Cranberries

~ PRE-ORDER ~

White Grape Fruit
Pink / Seedless Lemons
Fingerling Sweet Potatoes "YAM"
Purple Ninja Radish
Cherry Belle Radish

~ EXPENSIVE! ~

Japanese & Korean Daikon	Yellow Squash	Brussels Sprouts	Shanghai Bok Choy
Rainbow Carrots	Broccoli Romanesco	Green Bell Peppers	Strawberries
Tomatoes			

Some Of Our Favorite Farms

Church Brothers	Comanche Creek Farm	County Line Harvest	Tanimura & Antle Farm
Coke Farm	Riverdog Farm	Route 1 Organic	Terra Firma Farm
Knoll Farms	Baby Farms	Full Belly Farm	All Star Organics



Local Farms

Gourmet Mushrooms / Local

Eryngii/Trumpet Royale **6-lb cs**

Shiitake **5-lb cs. only**

Oyster **5-lb cs. only**

Rising C Ranch

Blood Oranges **44-ct cs./each**

Paige Mandarins **22-lb cs./lb.**

Cara Cara Navel Orange **36-ct cs./each**

Seville Sour Orange **36-ct cs./lb**

County Line Harvest

Broccoli di Ciccio **5-lb cs. only**

Mixed Chicory **5-lb cs. Only**

Broccoli di Cicco **5-lb cs. only**

Fully Belly Farm Organic

Organic Green Garlic **12-ct cs./bunch**

Organic Red Spring Onions **10-lb cs./lb.**

Tadorna Blue Leeks **20-lb cs. (**2-day pre-order**)**

Tokyo Turnips **24-ct cs. (**2-day pre-order**)**

Coke Farm

Organic Meyer Lemons **20-lb cs. only**

Baby Beets: Red, Gold, Chioggia **24-ct cs./bunch**

Castle Franco Radicchio **5-lb cs. only**

Organic German Butter Ball **24-lb cs./lb.**

Organic Escarole Hearts **5-lb cs. only**

Braising Mix **3-lb cs. only**

Turnip **25-lb sack/lb.**

Babes Farm

Purple Ninja Radish **24-ct cs./bunch**

Frisee **12-ct cs./each**

Baby Thumb Carrots **24-ct cs./bunch**

Baby Carrots w/Top **24-ct cs./bunch**



Red Spring Onions

Harvested primarily for their bulbous roots. The roots have a thin moist paper-like ruby color skin with a snow white flesh that is juicy crisp, savory, and sweet. The green stems are hollow and can be more pungent and dry than the roots.

Showcase their sweet flavor by grilling them or roasting them and either serving them alone with sea salt and olive oil or pairing them with fish and poultry.



Green Garlic

Harvested for its sweet, aromatic, delicate flavor, the entire plant is edible and can be used in any preparation calling for garlic. The young tender stalk resembles a narrow leek or large green onion.

The flavor of Green garlic pairs well with seafood, pasta, eggs, lamb, fresh cheeses, basil, mint, parsley, sage, onion, tomato and potatoes.



German Butterball Potatoes

Harvested for its creamy and rich buttery flavor!

The German Butterball is a great all-purpose potato that performs equally well in the soup pot, frying pan, and roaster. Its starch content also makes it a great candidate for a fluffy batch of mashed potatoes.

VEGETABLES



ASPARAGUS - GOOD NEWS! West coast price has calm down! Asparagus is in better shape as far as supplies. Quality is excellent from Mexican and better from Peru.



CABBAGE / BOK CHOY - Markets are active and supplies are limited until the end of January.
Brussels Sprouts: Product is moving to production out of Mexico.



BROCCOLI - Finally some relief on broccoli. Quality is good so far.



CAULIFLOWER - Supplies are much better and the market is correcting itself. The quality is still fair at best with yellow discoloration in some lots. **Colored cauliflower is in still in very short supply.**



HERBS - **Chives:** Demand exceeds supply due to various weather patterns in each growing area. **Cilantro:** Active market with short supply and high prices; weather has affected growth cycle. **Curly Parsley:** Active market with high demand and limited supply with prorates; product is not holding up. **Italian parsley** is following close behind.



PEPPERS - CHILES - Demand exceeds supply. Markets are being driven by the lack of volume out West. Possible quality issues with cracks.



ONIONS - **Onion** supplies continue to be limited (Jumbo yellows and smaller). Demand is great. Idaho product and demand continues to be good. **Green Onions**, limited supplies and as a result the much higher prices remain. Quality is still a problem from the recent rains with brown to yellow tops.



LETTUCE ROMAINE / ICEBERG / LEAF - Warmer temperatures and no rain is in the forecast in the Yuma region. Defects will continue (blister, epidermal peel, light color and light weights). **This continues to be an industry wide issue. Quality is suffering with all leafy greens, not just romaine. Butter lettuce will be light in availability throughout the month.**



SQUASH - Kabocha has lighter supplies. Due to cold weather. Cold weather has also decreased supply on both Italian and yellow squash, Market will be high and is expected to remain high.



BELL PEPPERS - Cool temps are limiting production, demand exceeds supply. Quality is fair to good, with some bruising, scarring, and stem decay on arrivals. Expect supplies to improve by mid Feb with new fields/better weather.



CELERY - remains unchanged and prices are firm. Demand continue to exceed supplies. Defects on celery in the Oxnard region include some pith, which are soft spots on the stock, epidermal peel bowing, and leafy tops. These defects are directly caused from the past cool temperatures as well as rain.

VEGETABLES / FRUITS



AVOCADO - CA is starting to harvest lightly through February and increase in March. Winter and spring rains will help size fruit that is on the tree.



GREEN BEANS - Occasional water damage noted. While quality remains good, supply is limited.



PEAS - SNOW /SNAPS - Guatemalan quality is very good; supplies could get tight soon due to Peru's season finishing up.



CITRUS - **Lemons:** Supply will get tight quickly as the desert finishes. **Limes:** Market is steady; fewer small sized. Quality is good overall. **Pummelo:** Lack of large sizes. Quality is good overall. **Navel oranges:** Flavor has been wonderful and quality is above average.



AVAILABLE NOW: Blood Oranges, Cara Cara Navels, Paige Mandarin, Cocktail Grapefruits, Calamondin, Kumquats, Meyer lemons, Pummelo, Seville Orange, Sumo Mandarin.



STRAWBERRY - Cool weather and rain in California have limited supply production. The recent cooler temperature has helped to increase sizing and fruit has firmed up. Expect to see white shoulders, smaller sizing, and pin rot. We anticipate volume will continue to be very low through the Valentine's Day holiday.



MELONS - **Cantaloupe** quality is much better due to the new crop from Honduras versus the old crop in Guatemala. **Honeydew** supplies are very tight, and quality varies. Most are from Guatemala and Mexico. New crop from Honduras should be available next week. **Watermelon** market remains strong. Mexican production is off due to cold temps and rains.



GRAPES - The **red** seedless grape market is demand exceeds supply - limited volume and late vessel arrivals from Chile. Expects 12 days gap between vessels on the West Coast leaving shippers completely out of fruit. Mid-February is when market will be more stable. **Green** seedless grape market is exceeds supply situation. We are expecting this market to remain unchanged until the second week of February.



APPLES & PEARS - Market is active with strong demand. The quality for all varieties has been good. **Available now: Red delicious, Golden delicious, Granny Smith, Gala, Fuji, HoneyCrip, Pink Lady, Jonagold.**
Available now: Asian, Bartlett, Bosc, Red D'Anjou, Green D'Anjou



TOMATOES - The **round** market is short in supply. Quality is fair to good, larger fruit is still extremely scarce. **Roma:** Supply is easing and markets are returning to normalized levels. Quality is getting better. **Grape/Cherry:** Markets are beginning to fall slightly. Quality is good.



CARROTS - Cold weather and rain are slowing growth in Bakersfield, sizing and quality are fair. The market is rising.

What's New?

FEBRUARY IS A MONTH FULL OF CELEBRATIONS

The shortest month of the year and it is chock full of activities.



SUPER BOWL - Feb. 7th

Expects heavy traffic and big crowds on Super Bowl Sunday!

Also expects delivery delays due to many street closures.

PLEASE BE MINDFUL AND PRE-ORDER AHEAD IF POSSIBLE.

CHINESE NEW YEAR - Feb. 8th

2-DAYS PRE-ORDER FOR ALL STEM & LEAF MANDARINS AND PUMMELO



VALENTINE'S DAY - Feb. 14th

If you are planning to use MicroGreens and Edible Flowers from Fresh Origins, please pre-order at least 3 days in advance. Giving us proper notice will guarantee you will have the product when you need it.

PRESIDENT'S DAY - Feb. 15th

**In observance of President's Day, Vegiworks will be closed.
Re-open on Feb. 16th.**